

10:00 Sunday, August 11, 2024  
Proper 14

PRELUDE

ENTRANCE HYMN *I am the bread of life (I Am the Bread of Life)* (H 335)

**I am the bread of life;  
they who come to me shall not hunger;  
they who believe in me shall not thirst.  
No one can come to me  
unless the Father draw them.**

*Refrain: And I will raise them up,  
and I will raise them up on the  
last day.*

**The Bread that I will give  
is my Flesh for the life of the world,  
and they who eat of this bread,  
they shall live for ever.**

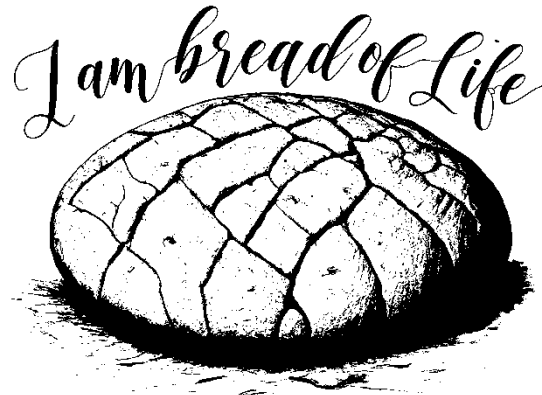
**Unless you eat  
of the Flesh of the Son of Man  
and drink of his Blood,  
you shall not have life within you.**

Blessed be God: Father, Son, and Holy Spirit.

*People* **And blessed be his kingdom, now and for ever. Amen.**

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. **Amen.**

OPENING ANTHEM OR SONG OF PRAISE *S 280 Glory to God (Canticle 20)* (Powell)



**I am the resurrection,  
I am the life.  
They who believe in me,  
even if they die,  
they shall live for ever.**

**Yes, Lord, we believe  
that you are the Christ,  
the Son of God  
who has come into the world.**



High, Je - sus Christ, with the Ho - ly Spi - rit, in the  
glo - ry of God the Fa - ther. A - men.

Music: Robert Powell (b. 1932), rev. Setting: Copyright © Church Publishing Inc.

*Celebrant* The Lord be with you.

*People* **And also with you.**

*Celebrant* Let us pray.

Grant to us, Lord, we pray, the spirit to think and do always those things that are right, that we, who cannot exist without you, may by you be enabled to live according to your will; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

### 1 Kings 19:4-8

A Reading from the First book of Kings.

<sup>4</sup>[Elijah] went a day's journey into the wilderness, and came and sat down under a solitary broom tree. He asked that he might die: "It is enough; now, O LORD, take away my life, for I am no better than my ancestors."<sup>5</sup>Then he lay down under the broom tree and fell asleep. Suddenly an angel touched him and said to him, "Get up and eat."<sup>6</sup>He looked, and there at his head was a cake baked on hot stones, and a jar of water. He ate and drank, and lay down again. <sup>7</sup>The angel of the LORD came a second time, touched him, and said, "Get up and eat, otherwise the journey will be too much for you."<sup>8</sup>He got up, and ate and drank; then he went in the strength of that food forty days and forty nights to Horeb the mount of God.

*Reader* The Word of the Lord.

*People* **Thanks be to God.**

### Psalm 34:1-8

<sup>1</sup>I will bless the LORD at all times; \*  
his praise shall ever be in my mouth.

<sup>2</sup>**I will glory in the LORD; \***  
**let the humble hear and rejoice.**

<sup>3</sup>Proclaim with me the greatness of the LORD; \*  
let us exalt his Name together.

<sup>4</sup>**I sought the LORD, and he answered me \***  
**and delivered me out of all my terror.**

<sup>5</sup>Look upon him and be radiant, \*  
and let not your faces be ashamed.

**<sup>6</sup>I called in my affliction, and the LORD heard me \*  
and saved me from all my troubles.**

<sup>7</sup>The angel of the LORD encompasses those who fear him, \*  
and he will deliver them.

**<sup>8</sup>Taste and see that the LORD is good; \*  
happy are they who trust in him!**

### **Ephesians 4:25--5:2**

A Reading from Paul's letter to the Church in Ephesus.

<sup>25</sup>So then, putting away falsehood, let all of us speak the truth to our neighbors, for we are members of one another. <sup>26</sup>Be angry but do not sin; do not let the sun go down on your anger, <sup>27</sup>and do not make room for the devil. <sup>28</sup>Thieves must give up stealing; rather let them labor and work honestly with their own hands, so as to have something to share with the needy. <sup>29</sup>Let no evil talk come out of your mouths, but only what is useful for building up, as there is need, so that your words may give grace to those who hear. <sup>30</sup>And do not grieve the Holy Spirit of God, with which you were marked with a seal for the day of redemption. <sup>31</sup>Put away from you all bitterness and wrath and anger and wrangling and slander, together with all malice, <sup>32</sup>and be kind to one another, tenderhearted, forgiving one another, as God in Christ has forgiven you.

<sup>5:1</sup>Therefore be imitators of God, as beloved children, <sup>2</sup>and live in love, as Christ loved us and gave himself up for us, a fragrant offering and sacrifice to God.

*Reader*           The Word of the Lord.

*People*           **Thanks be to God.**

### **GOSPEL: John 6:35, 41-51**

The Holy Gospel of our Lord Jesus Christ according to John.

*People*           **Glory to you, Lord Christ.**

<sup>35</sup>Jesus said, "I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty. <sup>41</sup>Then the Jews began to complain about him because he said, "I am the bread that came down from heaven." <sup>42</sup>They were saying, "Is not this Jesus, the son of Joseph, whose father and mother we know? How can he now say, 'I have come down from heaven'?" <sup>43</sup>Jesus answered them, "Do not complain among yourselves. <sup>44</sup>No one can come to me unless drawn by the Father who sent me; and I will raise that person up on the last day. <sup>45</sup>It is written in the prophets, 'And they shall all be taught by God.' Everyone who has heard and learned from the Father comes to me. <sup>46</sup>Not that anyone has seen the Father except the one who is from God; he has seen the Father. <sup>47</sup>Very truly, I tell you, whoever believes has eternal life. <sup>48</sup>I am the bread of life. <sup>49</sup>Your ancestors ate the manna in the wilderness, and they died. <sup>50</sup>This is the bread that comes down from heaven, so that one may eat of it and not die. <sup>51</sup>I am the living bread that came down from heaven. Whoever eats of this bread will live forever; and the bread that I will give for the life of the world is my flesh."

The Gospel of the Lord.

*People*           **Praise to you, Lord Christ.**

### **THE SERMON**

## THE CREED

We believe in one God,  
the Father, the Almighty,  
maker of heaven and earth,  
of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,  
the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
of one Being with the Father.  
Through him all things were made.  
For us and for our salvation  
he came down from heaven:  
by the power of the Holy Spirit  
he became incarnate from the Virgin Mary,  
and was made man.

For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried.  
On the third day he rose again  
in accordance with the Scriptures;  
he ascended into heaven  
and is seated at the right hand of the Father.  
He will come again in glory to judge the living and the dead,  
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son.  
With the Father and the Son he is worshiped and glorified.  
He has spoken through the Prophets.  
We believe in one holy catholic and apostolic Church.  
We acknowledge one baptism for the forgiveness of sins.  
We look for the resurrection of the dead,  
and the life of the world to come. Amen.

## THE PRAYERS OF THE PEOPLE

With all our heart, mind, soul and strength, let us pray to the Lord, saying, “Lord have mercy.”

For the church and all its ministers, and for St. John’s and its mission and ministry, let us pray to the Lord. **Lord, have mercy.**

For our nation and all those in authority, let us pray to the Lord. **Lord, have mercy.**

For peace throughout the world, especially in Gaza, Israel, Palestine, and Ukraine, and an end to all terrorism and violence, let us pray to the Lord. **Lord, have mercy.**

For all those in our armed forces at home and abroad, especially those from our families and community, and for all first responders, let us pray to the Lord. **Lord, have mercy.**

For all those infected with or at risk from the COVID virus, and for all health care and other front-line workers, let us pray to the Lord. **Lord, have mercy.**

For the poor and the oppressed, the unemployed and the destitute, for refugees, prisoners and captives, for victims of natural disasters, and for all who have asked for our prayers, let us pray to the Lord. **Lord, have mercy.**

Good and gracious God, you invite us to recognize and reverence your divine image and likeness in our neighbor. We have promised that with your help we will strive for justice and peace among all people and will respect the dignity of every human being. Enable us to see the reality of racism and free us to challenge and uproot discrimination from our church, our society, our world and ourselves, let us pray to the Lord. **Lord, have mercy**

For those who have died in the hope of the resurrection, and for all the departed, let us pray to the Lord. **Lord, have mercy.**

### **CONFESSION OF SIN**

Let us confess our sins against God and our neighbor.

**Most merciful God,  
we confess that we have sinned against you  
in thought, word, and deed,  
by what we have done,  
and by what we have left undone.  
We have not loved you with our whole heart;  
we have not loved our neighbors as ourselves.  
We are truly sorry and we humbly repent.  
For the sake of your Son Jesus Christ,  
have mercy on us and forgive us;  
that we may delight in your will,  
and walk in your ways,  
to the glory of your Name. Amen.**

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life.  
*Amen.*

*Celebrant*            The peace of the Lord be always with you.  
*People*                **And also with you.**

## The Holy Communion

## OFFERTORY SENTENCE AND RESPONSE

Walk in love as Christ loved us, and gave himself for us, an offering and sacrifice to God.



Wor - ship God, Care for Peo - ple, Grow as Christ-ians



Grow as Christ - ians in God's love!

## OFFERTORY HYMN *Let us break bread together on our knees (Let Us Break Bread)* (H 325)



1 Let us break bread to - geth-er on our knees; \_\_\_\_\_  
2 Let us drink wine to - geth-er on our knees; \_\_\_\_\_



let us break bread to - geth-er on our knees; \_\_\_\_\_  
let us drink wine to - geth-er on our knees; \_\_\_\_\_



when I fall on my knees, with my face to the ris - ing sun,



O Lord, have mer - cy on me. \_\_\_\_\_



3 Let us praise God to - geth-er on our knees; \_\_\_\_\_

let us praise God to - geth-er on our knees;\_\_\_\_\_

*Refrain*

when I fall on my knees, with my face to the ris - ing sun,

O Lord, have mer-cy on me.\_\_\_\_\_

**DOXOLOGY: H43 (Tallis - Dix)**

**Praise God, from whom all blessings flow;  
 praise him, all creatures here below;  
 praise him above, ye heavenly host:  
 Praise Father, Son, and Holy ghost.**

*Celebrant* *People*

The Lord be with you. And al - so with you.

*Celebrant* *People*

Lift up your hearts. We lift them to the Lord.

*Celebrant*

Let us give thanks to the Lord our God.

*People*

It is right to give him thanks and praise.

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth.

Through Jesus Christ our Lord; who on the first day of the week overcame death and the grave, and by his glorious resurrection opened to us the way of everlasting life.



Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

**SANCTUS S 129 *Holy, holy, holy (Powell) (BCP p. 367)***

Ho - ly, ho - ly, ho - ly Lord, God of pow - er and  
might, hea - ven and earth are full of your glo - ry. Ho -  
san - na in the high - est. Bless - ed is he who  
comes in the name of the Lord. Ho - san - na in the high - est.


**WORDS OF INSTITUTION S 136 *Therefore, according to his command (Chant/Martens) (BCP p. 368)***

We give thanks to you, O God, for the goodness and love which you have made known to us in creation; in the calling of Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus, your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Savior and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night before he died for us, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."


After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

*Celebrant*

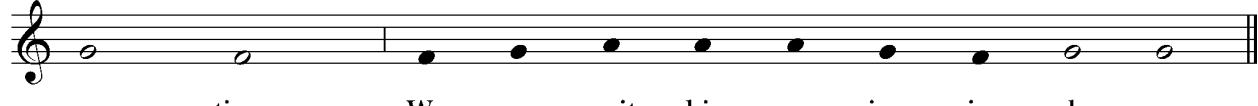


There - fore, ac - cord - ing to his com - mand, O Fa - ther,

*Celebrant and People*



We re - mem - ber his death, We pro - claim his re - sur -



rec - tion, We a - wait his com - ing in glo - ry.

And we offer our sacrifice of praise and thanksgiving to you, O Lord of all; presenting to you, from your creation, this bread and this wine.

We pray you, gracious God, to send your Holy Spirit upon these gifts that they may be the Sacrament of the Body of Christ and his Blood of the new Covenant. Unite us to your Son in his sacrifice, that we may be acceptable through him, being sanctified by the Holy Spirit. In the fullness of time, put all things in subjection under your Christ, and bring us to that heavenly country where, with [\_\_\_\_\_ and] all your saints, we may enter the everlasting heritage of your sons and daughters; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation.

By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. **AMEN.**

### **THE LORD'S PRAYER**

And now, as our Savior Christ has taught us, we are bold to say,

**Our Father, who art in heaven,  
hallowed be thy Name,  
thy kingdom come,  
thy will be done, on earth as it is in heaven.**

**Give us this day our daily bread.**

**And forgive us our trespasses,  
as we forgive those who trespass against us.**

**And lead us not into temptation,  
but deliver us from evil.**

**For thine is the kingdom,  
and the power, and the glory,  
forever and ever. Amen.**

## **The Breaking of the Bread**

**FRACTION ANTHEM S 163 *Lamb of God* (Powell)**

Lamb of God, you take a - way the  
sins of the world: have mer - cy on us. Lamb of God, you  
take a - way the sins of the world: have mer - cy on us.  
Lamb of God, you take a - way the sins of the world: grant us peace.

**INVITATION TO COMMUNION  
DISTRIBUTION OF COMMUNION**

**COMMUNION HYMN INSTRUMENTAL *Bread of life* (VF 80)**

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*Refrain: Bread of life, hope of the world,  
Jesus Christ, our brother:  
feed us now, give us life,  
lead us to one another.*

As we proclaim your death,  
as we recall your life,  
we remember your promise  
to return again.

The bread we break and share  
was scattered once as grain:  
just as now it is gathered,  
make your people one.

We eat this living bread,  
we drink this saving cup;  
sign of hope in our broken world,  
source of lasting love.

Hold us in unity,  
in love for all to see:  
that the world may believe in you,  
God of all who live.

You are the bread of peace,  
you are the wine of joy,  
broken now for your people,  
poured in endless love.

Let us pray.

**Eternal God, heavenly Father,  
you have graciously accepted us as living members  
of your Son our Savior Jesus Christ,  
and you have fed us with spiritual food  
in the Sacrament of his Body and Blood.  
Send us now into the world in peace,  
and grant us strength and courage  
to love and serve you  
with gladness and singleness of heart;  
through Christ our Lord. Amen.**

### **BLESSING**

Go in peace to love and serve the Lord.

*People*      **Thanks be to God.**

### **POST-COMMUNION HYMN *Glorious things of thee are spoken (Austria) (H 522)***

**Glorious things of thee are spoken,  
Zion, city of our God;  
he whose word cannot be broken  
formed thee for his own abode;  
on the Rock of Ages founded,  
what can shake thy sure repose?  
With salvation's walls surrounded,  
thou may'st smile at all thy foes.**

**See! the streams of living waters,  
springing from eternal love,  
well supply thy sons and daughters  
and all fear of want remove.  
Who can faint, when such a river  
ever will their thirst assuage?  
Grace which, like the Lord, the giver  
never fails from age to age.**

**Round each habitation hovering,  
see the cloud and fire appear  
for a glory and a covering,  
showing that the Lord is near.  
Thus deriving from their banner,  
light by night, and shade by day,  
safe they feed upon the manna  
which he gives them when they pray.**

**Blest inhabitants of Zion,  
washed in the Redeemer's blood!  
Jesus, whom their souls rely on,  
makes them kings and priests to God.  
'Tis his love his people raise  
over self to reign as kings:  
and as priests, his solemn praises  
each for a thank-offering brings.**

### **POSTLUDE**

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